

Friday CMA Chairperson's Script – (Zoom) – Page 1 of 2

8:30pm:

Good evening, and welcome to the Friday night open meeting of Crystal Meth Anonymous. My name is _____ and I'm an addict.

If you are looking for a better way of life free from using, then you are in the right place.

CMA is a safe place! We ask that you please: Refrain from vaping and/or smoking on camera, Be appropriately dressed while on camera, and silence your phones and other noise-making devices so as to not disturb the meeting.

I have asked _____ to read: **Are You a Tweaker?**

CMA is a fellowship of people who share their experience, strength, and hope with each other so they may solve their common problem with drug addiction and specifically crystal meth.

The only requirement to join us is that you have a desire to be clean just for today.

The fellowship advocates complete abstinence one day at a time from crystal meth, alcohol, inhalants, medications not taken as prescribed, and all other mind-altering substances.

Our primary purpose is to stay clean and to help another addict who wants to get clean.

The Twelve Steps and Twelve Traditions of CMA are suggested to provide us with a plan with which to build a clean and healthy life.

We have found that if we work these simple Steps and Traditions, together we can live a life free from active addiction.

I have asked _____ to read: **THE TWELVE STEPS: A Plan of Action**

I have asked _____ to read: The **Tradition** of the Month.

Is there anyone new here tonight, to CMA, to this meeting or visiting from out of town? If so, please share your first name with us so we may get to know you better. **(Pause)**

(If Newcomers or Visitors are present) - Welcome to each and everyone of you!

And now, It is my pleasure to introduce _____ to share his/her experience, strength, and hope with us.

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Speaker shares for ~:12 minutes

As we open the meeting for sharing, please honor the recovery of others.

Be careful when describing drug effects

and avoid glorifying drug use and drug-driven sex.

Some of us may be triggered and thoughts of using may be heightened.

This is a part of our stories and needs discussion.

However, if this gets out of hand, one of the trusted servants may interrupt and refocus.

Please have at least 24 hours of clean time before sharing.

Please watch to see how many people raise their hands to share.

Limit your share time accordingly so that as many people as possible may share.

Our Spiritual Timekeeper _____ will utilize the chat window to share with you as time is winding down. If you need to speak at greater length, please feel free to hang around for fellowship after the meeting!

The meeting is open. Please raise your hand if you'd like to share.

Sharing, with break at ~9:00pm for Secretary & 7th Tradition

~9:25pm:

We are coming to the end of the meeting, but we always save time for Burning Desires.

If you think you're going to leave here and use, hurt yourself, or hurt someone else, it's best to get those feelings out now.

We take this time seriously. **(Pause)**

If time permits:

We have a few more minutes for sharing.

~9:29pm:

We've come to the end of our meeting.

If you didn't get a chance to share, please talk to one of us after the meeting.

Thank you everyone who read, announced a day count, picked up a chip, shared, and a special thanks to _____ **(speaker)**.

We have a great way to close.

Serenity Prayer