Good morning everyone! Welcome to the Sunday “Early Morning Meeting” of Crystal Meth Anonymous! My name is \_\_\_\_\_\_\_\_\_\_\_ and I am a crystal meth addict. If you are looking for a new way of life free from using, then you are in the right place! At this time, please mute yourself on Zoom, silence your cell phones, and refrain from using them (including texting) so that we may preserve the primary purpose of the meeting.

First, we have some readings:

* Who has the DCCMA Inclusion Statement?
* Who has “What is the CMA Program?”
* Who has “The Twelve Steps of CMA?”

If this is your first CMA meeting, your first time at this meeting, or if you are visiting from out of town, would you please introduce yourself by your first name, so we may get to know you?

For the newcomer, we have found that together, one day at a time, we **CAN** recover. We are all recovering addicts who have suffered the devastation of addiction and are willing to share our experience, strength and hope with you.

The format for this meeting is to alternate between four pieces of recovery literature:

* One week we read a selection from the book “Crystal Clear: Stories of Hope.”
* One week we read a selection from the book “New York CMA: Expressions of Hope.”
* One week we read a selection from the CMA book “Voices of Recovery”.
* One week we ask someone to read and share on the appropriate daily meditation from the book “Just for Today”, followed by open sharing.

This week we are going to read from \_\_\_\_\_\_\_\_\_\_\_\_\_\_.

***(If Crystal Clear)*** We will now begin reading from “Crystal Clear: Stories of Hope”, starting on page \_\_, anyone may begin. Please pass when you are ready for someone else to read.

***(If Expressions of Hope)*** We will now begin reading from “Expressions of Hope”, starting on page \_\_, anyone may begin. Please pass when you are ready for someone else to read.

***(If Voices of Recovery)*** I will now begin reading from “Voices of Recovery”, starting on page \_\_. Please pass when you are ready for someone else to read.

***(If Just for Today)*** And now I would like to introduce \_\_\_\_\_\_\_\_ who will read and share on today’s Just for Today passage.

***(After the reading)*** When sharing we ask that you be aware of the number of people who want to share, and our spiritual timekeeper will sound an alarm or post in the chat at three minutes, so please wrap up your share accordingly. The meeting is now open for sharing. Please raise your hand in the room or on Zoom and I will call on you.

***(at 9:55 am)*** We are nearing the end of the meeting, but we always save time for burning desires. That is, if you think you may use today, hurst yourself, or hurt someone else, this is your time to share. We encourage you to share now, rather than taking it out of here with you.

***(at the end of the meeting)*** I’d like to thank everyone who read, shared a day count or picked up a chip. ***(if applicable)*** Help me thank \_\_\_\_\_ for starting us off today.

We have one final reading. Who has ***The Promises***?

We have a great way to close!